finding answers is possible





No one should resign themselves to forever experiencing pain. To learn more about chronic nerve pain and repair, visit **rethink-pain.com**.

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All the doctors I saw were just willing to write a prescription [for pills]. But nobody stopped and said, 'What's going on? Is there something else that can be done?'



Achilles, surgical nerve repair patient

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What I went through and where I'm at now is a miracle.



- David, surgical nerve repair patient



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all pain is not the same



If you've been living with chronic pain, you may feel like you've tried everything. Like many, you may manage your symptoms with pain medications and other treatments, but these may only provide temporary relief.

Instead of just managing your pain, consider repairing the source of it. If your pain began following surgery, trauma or an amputation, it may be due to a damaged peripheral nerve. Surgical nerve repair can identify the source and repair the damage to possibly lead to a more permanent solution.



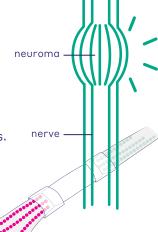
nerve pain feels different

Nerve pain can affect any area of your body, but frequently affects the arms, hands, legs and feet. It feels different from other pain, which may involve achiness or soreness. Some people complain of tingling, numbness or pain all over. Others describe it as "pins and needles," sharp spasms, or a burning sensation. It may be constant or it may be intermittent.

what causes chronic nerve pain?

Nerve damage often takes the form of a neuroma or a nerve compression. A neuroma is a tangle of broken or damaged nerve fibers mixed with scar tissue resulting from trauma to the nerve, whereas nerve compression is the contraction of surrounding traumatized tissues.

Not all neuromas and nerve compressions are painful, but many cause significant pain and discomfort. Fortunately, nerve tissue can often be surgically repaired.



how nerve repair works

To repair your damaged nerve, your surgeon will first remove the neuroma. Then, depending on your specific nerve damage, your surgeon will either reconnect the nerve to restore signals to the brain, isolate the nerve end to stop it from growing or reroute the nerves.

To repair nerve compression, your surgeon will release the traumatized tissue that's pressing on or strangling the nerve by either cutting or removing it.

are you a candidate for surgical nerve repair?

If your chronic pain began after experiencing trauma, surgery or amputation, surgical nerve repair may be an option for you. Talk to a Rethink Pain surgeon to see if you're a candidate.

To learn more about chronic nerve pain and to find a surgeon that may be able to help, visit **rethink-pain.com**